

## **ARMY PUBLIC SCHOOL RATNUCHAK**

### **SWACHH BHARAT ABHIYAN**

1. Army Public School Ratnuchak launched the “ Swachh Bharat, Swachh Vidyalaya Abhiyan” in the school premises, on the birth centenary of Mahatama Gandhi. The programme commenced with hoisting of the national flag by Brig Vikram Kumar, Chairman APS Ratnuchak accompanied by the Principal Mrs Sonal Sharma. The school assembly reverberated with the “Swachhta Gaan”. The Cultural Captain presented a speech on “Cleanliness is next to .Godliness” which was followed by singing of Mahatama’s Favourite Bhajan “Raghupati Raghav Raja Ram” by the school choir. The School assembly was addressed by the Chairman to encourage the students for actively participating in this abhiyan and making it a success. The students and staff took the “Swachhta Shapath” under the guidance of the school Captain. The “Swachhta Awariness Rally ” was flagged off by the Chairman and Principal, APS Ratnuchak. The students carried impressive banners on creating awareness for keeping the surroundings clean and also distributed pamphlets in Hindi and English in Ratnuchak and Purmandal Morh area.
2. In continuation of the ‘Swachh Bharat Abhiyan’ students of APS Ratnuchak provided community service to their surrounding areas. The students actively participated in all the activities conducted in the school premises.
3. 07 Oct 14. The students of APS Ratnuchak did voluntary service in school. The senior students of classes XI & XII divided themselves into teams and earmarked their areas of Shramdaan wherein they cleaned the water points, the garden plants were pruned, flower pots were watered and dried leaves picked up from the school garden and playground. The primary and secondary students cleaned their classrooms by dusting their desks, fans and windows of the classrooms. They also emptied their waste paper bins at the garbage point.
4. 08 Oct 14. To inculcate the values of keeping the environment clean, a poster making activity was conducted in the zero period by students of APS Ratnuchak in the classrooms. The topic of the poster making was “Save Energy Save Environment to make it clean’. The students participated enthusiastically and were graded for their participation in formative assessment 3.
5. 09 Oct 14. The school morning assembly commenced with the singing of ‘Swachhta Gyan’ & an inspiring talks on “Health & Hygiene” was given by TGT (Sc) wherein she instructed the students on how to keep their body and mind healthy and disease free. She also stressed the importance of taking a healthy & balanced diet in student life to prepare healthy citizens of the nation.
6. A slogan writing competition in Hindi and English was also held in the zero period. The topic was “Swachhta se hi desh ka vikas hota hai”.
7. 10 Oct 14. The assembly reverberated with the “Swachhta Shapath” taken by students of APS Ratnuchak followed by a motivational talk on “The Value of Self Discipline in the life of a student”. The students provided community service at the ‘Blind School’ in Amphalla (Jammu) where they sang the “Swachhta Gaan” and gave motivational talk on “Clean India, Green India”. The students of class X provided community service at Old Age Home, Jammu. They cleaned the beds, dusted the rooms, read newspapers and magazines and sang songs to uplift the mood of the old age home residents.

8. 11-12 Oct 14 (Holidays). The students were asked to provide community service at their residence and give a small talk on cleanliness and hygiene to slum children in their neighbouring areas of their homes. They were also motivated to create awareness of “Swachhta Abhiyan’ in parks of their neighbourhood and talk to their neighbours on the importance of maintaining clean and green environment.
9. 13 Oct 14. The students of APS Ratnuchak Primary Wing visited the Manda Zoo where they saw ‘Rani’ the leopard. This visit was aimed at creating awareness amongst the students about their national wildlife resources – flora and fauna of our country so that they can preserve their rich heritage.
10. 14 Oct 14. The students of class VIII were escorted by their teachers to visit the Botanical Garden of Jammu University for understanding the importance of various plants species in preserving the delicate balance of the ecosystem. This visit also helped them to know more about the species of plants found in the state of Jammu & Kashmir so that the students are proud of their Botanical reserves, and how pollution in the environment can destroy the delicate species of plants and lead them to extinction.
11. 15 Oct 14. The students of class VI were escorted by their teachers to the chocolate factory where they learnt how industries were kept clean and products manufactured in sterile environment to maintain the purity and quality of the products. The students were apprised of the emission and other pollution control standard which govt sets up to control the pollution in the environment.
12. “Sanitation is more important than Independence”. This is how the father of the Nation Mahatama Gandhi emphasised cleanliness.
13. This programme is not closed actually, it opened our minds, provided awareness about cleanliness and importance of self discipline. The programme will be a success if we see our school, city and country clean. Our small effort can help India to reach new heights.